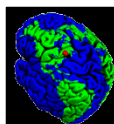


## Effects of Z-Shift-Associated Gradient-Distortions on SIENA-Generated Measures of Brain Atrophy

Z. Caramanos, V.S. Fonov, S.J. Francis, S. Narayanan, D.L. Collins, and D.L. Arnold



Zografos Caramanos  
Magnetic Resonance Spectroscopy Unit,  
McConnell Brain Imaging Centre  
Montreal Neurological Institute, McGill University

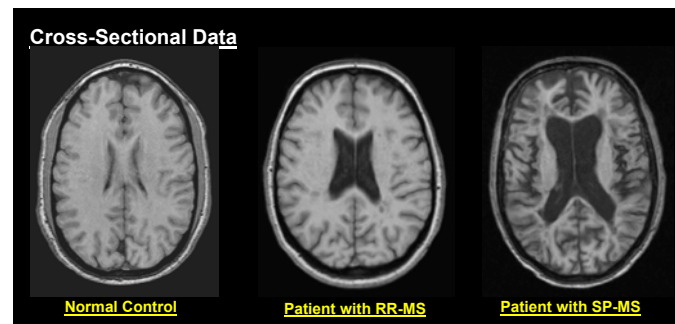


aki@mrs.mni.mcgill.ca



## Brain Atrophy - An Ongoing Process in Patients with Multiple Sclerosis (MS)

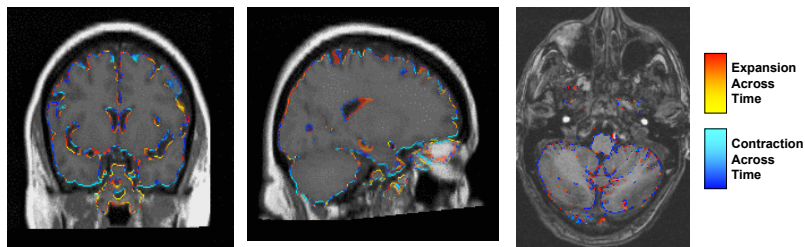
- Brain atrophy is evident in the relapsing-remitting (RR) phase of MS
- It is even more severe in the secondary-progressive (SP) stage
- Accordingly, precise and accurate measurement of brain atrophy is an important goal in understanding both:
  - The natural progression of patients with MS
  - How different treatment approaches can affect this natural progression



## SIENA (Structural Image Evaluation, using Normalization, of Atrophy) - Commonly-Used MRI-Based Measure of Brain Atrophy

- SIENA provides fully-automated estimates of percentage brain volume change (PBVC) between two appropriate MR images of the same subject (which are typically acquired at two different points in time)
  - These values represent the net sum of all brain surfaces that expand and contract across these two images
- SIENA values are highly accurate and largely independent of slice thickness (the initial validation studies finding a median absolute-error = 0.15%)
- A recent study found a median annual SIENA decrease of -0.61% in 147 treated patients with early RR-MS (Horakova, 2008)
  - For comparison, normal adults show annual decreases of about 0.1% to 0.3% (De Stefano, 2007)

### SIENA-Calculated Regions of Expansion and Contraction across Time



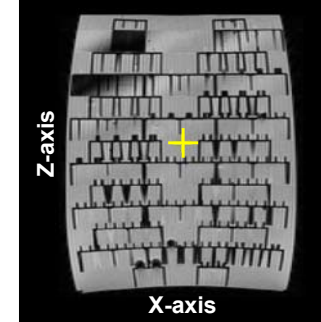
## Potential Confounds - Factors That Can Effect the MRI-Measurement of Brain Atrophy

- The precision and accuracy of SIENA can be affected by local-volume changes related to:

### 1) Non-Linear Gradient-Distortions (GD)

Typical of newer-generation MRI systems designed to have short bores and short gradient-rise-times; they result in "barrel-shaped" distortions that increase with distance from magnet-isocenter (indicated by the yellow crosshairs)

**MRI Image of our Phantom**  
(which has perfectly straight lines, but APPEARS barrel-shaped)



## Potential Confounds

### - Factors That Can Effect the MRI-Measurement of Brain Atrophy

- The precision and accuracy of SIENA can be affected by local-volume changes related to a combination of:

#### 1) **Non-Linear Gradient-Distortions (GD)**

Typical of newer-generation MRI systems designed to have short bores and short gradient-rise-times; they result in "barrel-shaped" distortions that increase with distance from magnet-isocenter

#### 2) **Inconsistent positioning of subjects within the scanner**

Particularly along the long, Z-axis of the magnet

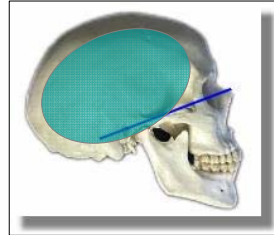
(As we will see, if not controlled for, this is actually quite common)

#### 3) **Typical, canthomeatal (CM) alignment within the magnet**

Which results in an individual's brain being centered several centimeters further into the magnet than isocenter (indicated by the blue line)

#### Canthomeatal Plane:

A plane passing through the junction of the upper and lower eyelids and the center of the ear canal.



5

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## Potential Confounds

### - Factors That Can Effect the MRI-Measurement of Brain Atrophy

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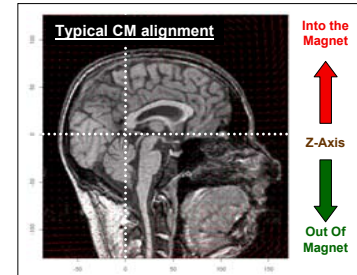
(As we will see, if not controlled for, this is actually quite common)

#### 3) **Typical canthomeatal (CM) alignment within the magnet**

Which results in an individual's cerebrum being centered several centimeters further into the magnet than isocenter (indicated by the blue line)

#### - As a result of these three factors

- Z-shifts of several centimeters **into the magnet** result in the bulk of the brain moving even further away from isocenter - where it would experience **greater GD effects**
- Z-shifts of similar extent **out of the magnet** result in the bulk of the brain moving closer towards isocenter - where it would experience **lesser effects of GD**



6

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## Setting The Context

### - Outline of the Present Presentation

- Today we will examine four things:
  - I - The extent of variability found in Z-positioning in a large, recent clinical-trial
  - II - Our use of a novel MRI phantom to characterize and correct the GD-field associated with our scanner
  - III - The effect of actual Z-shifts on SIENA values (both before and after correcting for GD)
  - IV - Simulations examining what might be expected with a greater range of Z-shifts
- Please note that, because of the limited time available, I will be skipping most of the technical details of our study (BUT, these can be found in the conference proceedings)

7

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## Part I: A High-Degree of Variability in Z-Positioning Can Be Observed

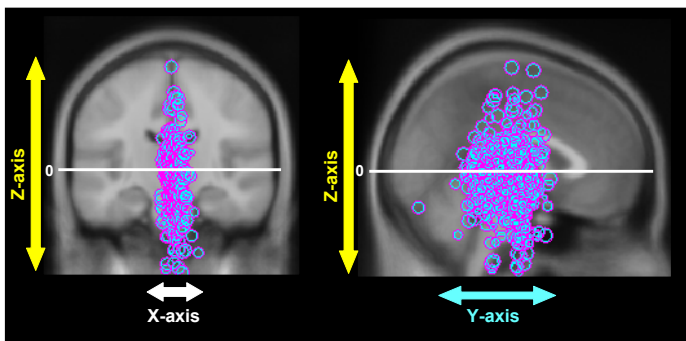
8

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## What is the Expected Extent of Variability in Z-Positioning?

### - Post-Hoc Analysis of a Recent Multicenter-Clinical-Trial

- We performed a post-hoc analysis of 815 typically-acquired T1-weighted MRI scans from a recent multicenter clinical trial
  - These data were acquired in a sample of 100 patients with MS (each with a Baseline Scan and up to 8 Follow-Up Scans over the course of 48 weeks)
- The blue circles show the anatomical location of the magnet-isocenter in each of these 815 scans superimposed on the ICBM-152 T1 image (ideally these should all be very close to one another: this is definitely not the case!)



These data show:

- Very little variability in X-positioning
- Somewhat more variability in Y-positioning
- Tremendous variability in Z-positioning

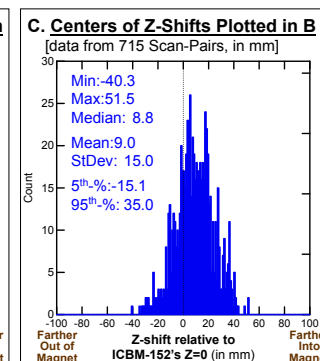
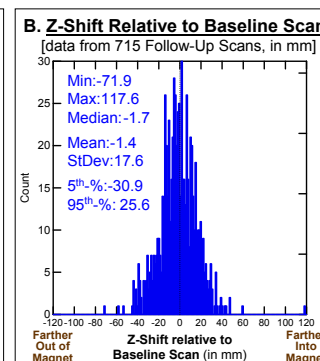
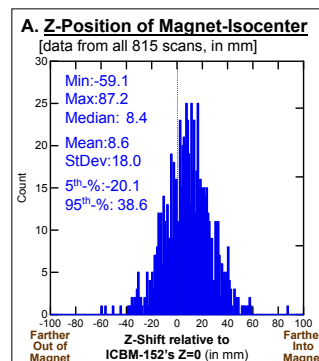
Effect\_of\_Z-Shifts\_on\_SIENA\_-\_MIAMS-2008\_Presentation\_-\_2008-09-06.2008-09-04.v2-001.aki.ppt

9

## What is the Expected Extent of Variability in Z-Positioning?

### - Post-Hoc Analysis of a Recent Multicenter-Clinical-Trial

- With regards to the extent of Z-variability in these 815 scans:
  - The actual anatomic Z-location of isocenter ranged from ~6-cm further out of, and ~9-cm further into, the magnet (relative to Z=0 on the ICBM-152 image)
  - The degree of Z-shift relative to the Baseline Scan for each of the 715 Follow-Up scans ranged between about -7-cm and +12-cm
  - The Z-shift between these 715 Baseline-vs.-Follow-Up scan-pairs was centered upon a point that ranged between about 4-cm further out of, and 5-cm further into, the magnet
- These data suggest a relatively-high degree of variability in Z-positioning in these typically-acquired MRI scans: both across, and within, individuals



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10

## Part II: Our Use of a Novel MRI Phantom to Characterize Gradient-Related Geometric Distortions

## Our Approach to Measuring and Correcting Such Geometric Distortions

### - Uses a ®DUPLO-Based MRI Phantom

- ®duplo is a version of ®Lego that is eight times the size (twice the length) of the traditional Lego bricks
- The phantom is made of 125 bricks assembled in a regular pattern inside an 8-L plastic container (filled with a water solution of 0.15mM/l MnCl<sub>2</sub> and 2.8g/l NaCl)
  - As you can see, this is large enough to contain even a big-sized head (mine!)
- Such a phantom can easily and precisely be reproduced across multiple sites with minimal cost; it can also be customized for different acquisition parameters (e.g., head-coil size, field of view, etc.)



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11

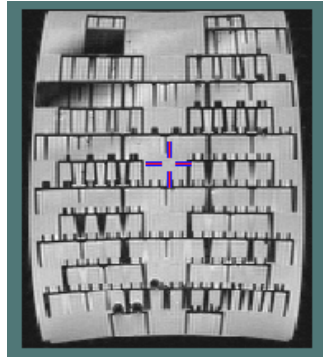
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12

## MRI Acquisitions

### - @DUPLO-Based Phantom

- Three sets of global, T1-weighted scans of the Phantom were acquired on our 1.5T SIEMENS Sonata scanner (3D-FLASH acquisition: TR = 22 ms, TE = 10 ms, flip angle = 30°, sagittal partitions that were 1.5-mm thick, FOV = 250 mm with a phase of 100%, 256 x 256 matrix, 100% sampling, nominal number of slices = 110, 1 average, bandwidth = 70 Hz/Px, AP-direction phase-encoding)
  - One set was acquired **at magnet isocenter** (and shows typical “barrel distortion”)
  - A second set was acquired **50-mm further-in**
  - A third set was acquired **50-mm further-out**



13

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## MRI Acquisitions

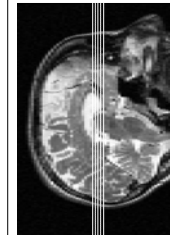
### - Normal-Control (NC) Subjects

- Three sets of T1-weighted MRI data were also acquired in 9 NC subjects
  - Same scanner and same imaging parameters as the Phantom

#### Scan Session 1

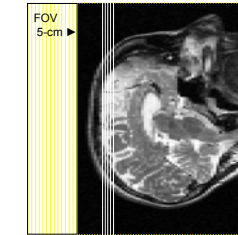
Place subject in scanner and acquire two datasets:

**CM Dataset**  
Canthomeatally-Aligned



**Z-50 Dataset**

Scanner bed is moved 50-mm further out

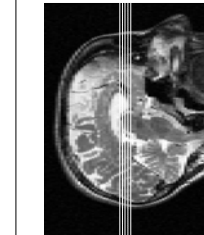


Subject exits scanner

#### Scan Session 2 (on same day)

Subject back in scanner

**Repos Dataset**  
“Best-Possible” Repositioning (Aligned with CM Dataset)



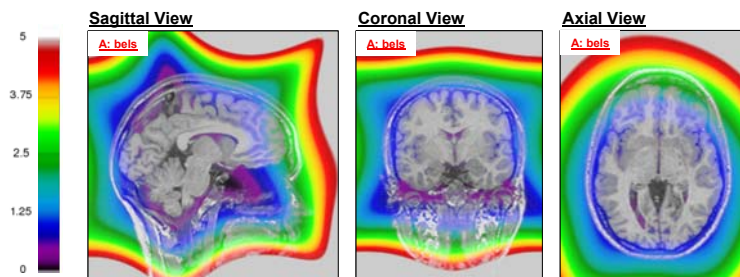
14

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## Characterizing the Gradient-Distortion (GD) Field

### - Spherical Harmonic Approach

- Spherical harmonic expansion was used to characterize the GD-field associated with our particular scanner and T1-weighted acquisition
  - This method allowed us to map coordinates from a known “ideal” coordinate system (*i.e.*, that of our @DUPLO-based phantom) to the imaging coordinate system of our scanner
- We used this approach to generate an estimate of our GD-field based on the three scans of our Phantom
  - This GD-field can be seen below, with the color scale representing the distance (in mm) that a voxel seems to move between its “real” location and its “apparent” location on the MR image
  - Showing one of our subject’s brains on the GD-field should give you a better idea of its dimensions

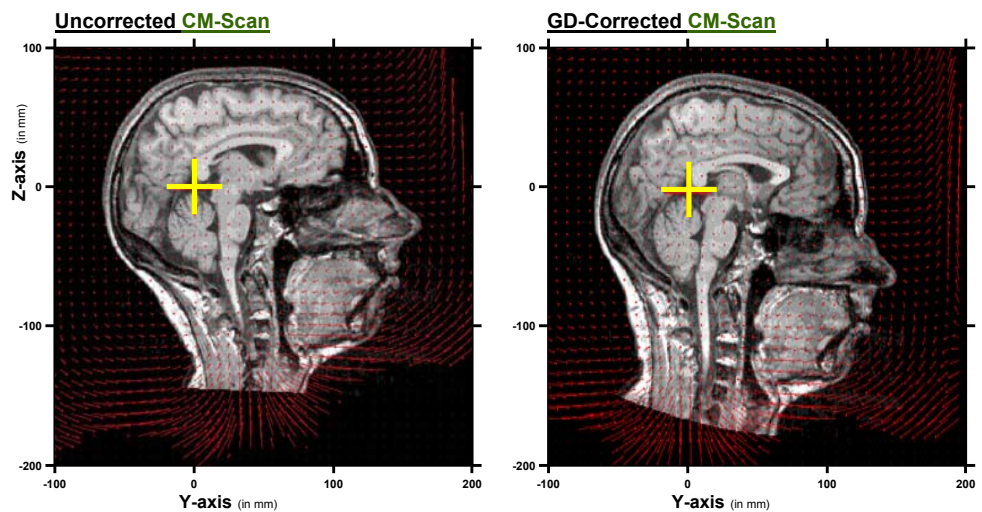


15

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## Our Approach to Correcting for Gradient-Distortion (GD)

### - Apply the Inverse of the GD-Field



**Yellow Cross:**  
Indicates the location of the magnet’s isocenter  
**Red Vectors:**  
Indicate the GD-Field

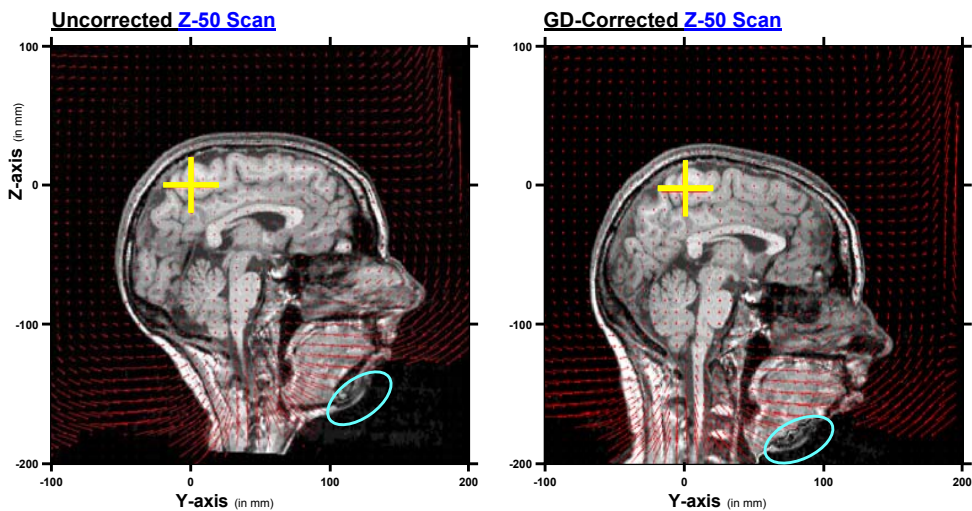
**NB** – GD-correction reduces the barrel-distortion that is seen in the uncorrected CM Scan

16

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# Our Approach to Correcting for Gradient-Distortion (GD)

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**Yellow Cross:**  
Indicates the location of the magnet's isocenter  
**Red Vectors:**  
Indicate the Gradient-Distortion Field

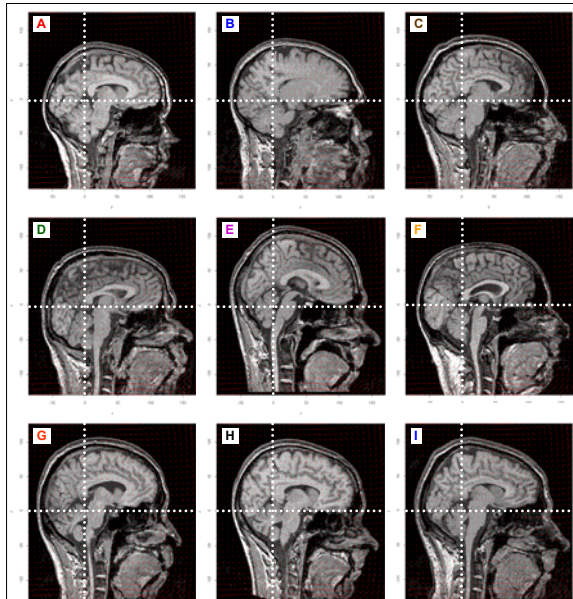
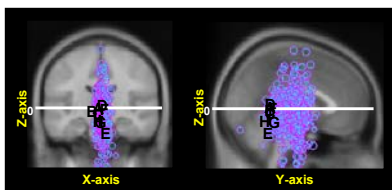
**NB** – GD-correction also reduces the barrel-distortion that is seen in the uncorrected **Z-50 Scan**  
Note that the chin is not corrected because it lies outside the GD-Correction Field

## Part III: Effect of Actual Z-Shifts on SIENA-Measured Brain Atrophy

## T1 Images of Our 9 Subjects' CM Scans

- White Lines Indicate Magnet Isocenter Along the Z- and Y-Directions

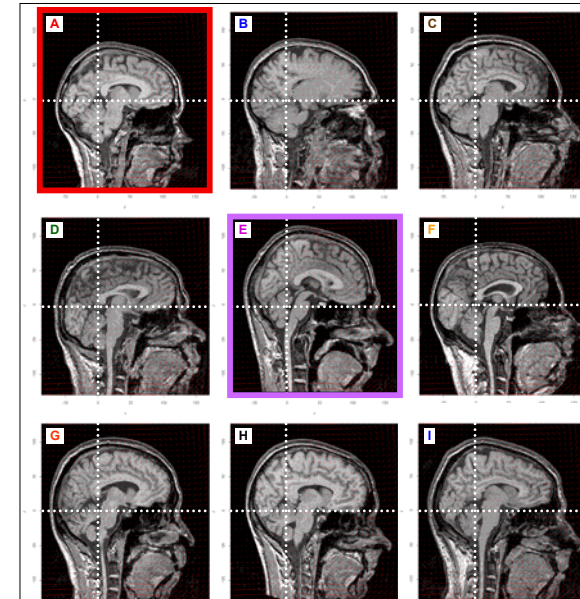
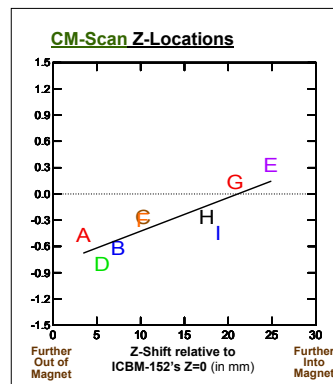
- The anatomical location of magnet-isocenter of the subjects' **CM Scans** is shown below (in black letters).
  - Although there is some variability in X- Y- and Z-positioning, it is much less than in the clinical-trial scans (the blue circles)



## T1 Images of Our 9 Subjects' CM Scans

- White Lines Indicate Magnet Isocenter Along the Z- and Y-Directions

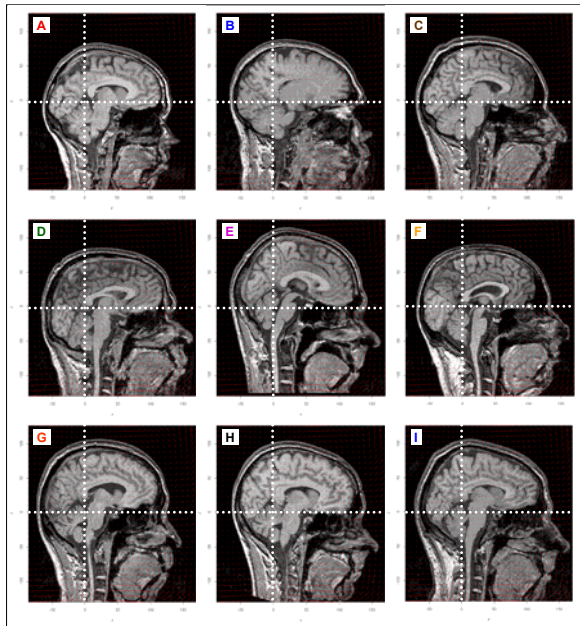
- The extent of Z-positioning variability in the subjects' **CM Scans** is plotted below
  - Note that there is a difference of ~2.5-cm in the Z-positioning of subjects **A** and **E**



## T1 Images of Our 9 Subjects' CM Scans

### - White Lines Indicate Magnet Isocenter Along the Z- and Y-Directions

- Moving the scanner bed 50-mm out for the **Z-50 Scans** successfully resulted in a mean Z-shift of -49.2-mm relative to each subjects' **CM Scan** (range of -50.9 to -48.4)
- BUT, even with our attempt at "best-possible" repositioning for the **Repos-Scans**, there was a mean Z-shift of 4.3-mm relative to each subjects' **CM Scan** (range of -9.0 to 21.1)
  - Accurate repositioning is tough!
- We examined how these Z-shifts would result in apparent changes in SIENA values (even when no real biologically-related changes would have occurred)
- SIENA analyses were carried out both before, and after, the subjects' scans underwent GD-correction



21

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## Effect of Actual Z-Shifts on SIENA-Measures of Brain Atrophy

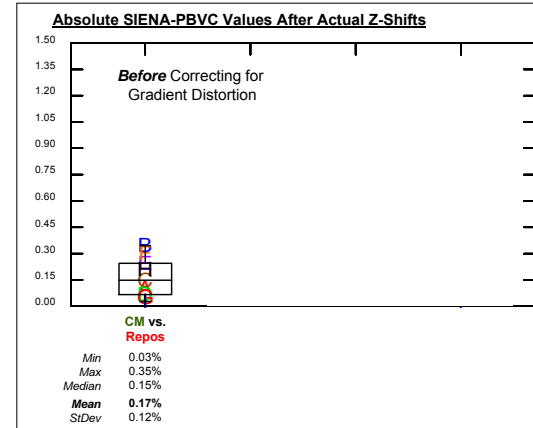
### - Results from SIENA v2.5 (FMRIB Software Library (FSL) v4.0.3)

#### • Before GD-Correction

##### -CM vs. Repos

"Best-possible" repositioning resulted in:

- A median absolute-error of about 0.15% (the degree of precision that was described in the original SIENA validation studies)
- A maximum absolute-error of 0.35%



22

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## Effect of Actual Z-Shifts on SIENA-Measures of Brain Atrophy

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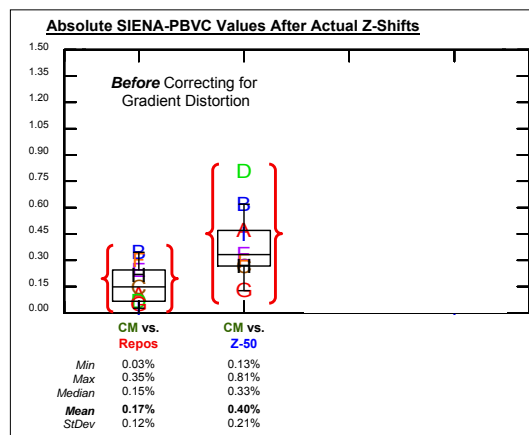
"Best-possible" repositioning resulted in:

- A median absolute-error of about 0.15% (the degree of precision that was described in the original SIENA validation studies)
- A maximum absolute-error of 0.35%.

##### -CM vs. Z-50

50-mm Z-shifts out of the magnet resulted in:

- A significantly-higher mean absolute-error of about 0.40% (versus 0.17% for "best-possible" repositioning,  $p=0.003$ )
- AND, a maximum-absolute-error of 0.81% (which is greater than the median annual-PBVC-value in patients with MS!)



23

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## Effect of Actual Z-Shifts on SIENA-Measures of Brain Atrophy

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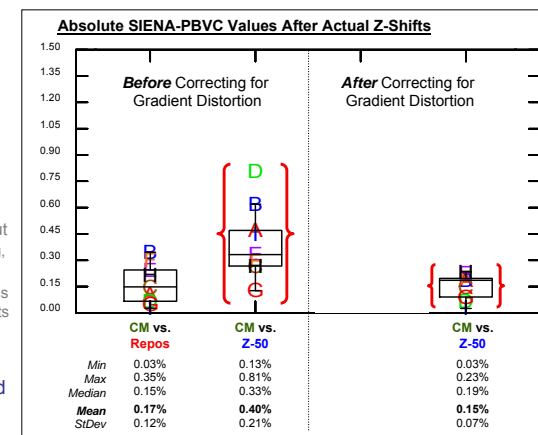
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- AND, a maximum-absolute-error of 0.81% (which is greater than the median annual-PBVC-value in patients with MS!)

#### • After GD-Correction

The "apparent" brain volume changes associated with the **Z-50** shifts were reduced:

- The mean absolute-error was reduced from 0.40% to 0.15% ( $p = 0.001$ ); and it was no longer significantly different from that found after "best-possible" repositioning (i.e. uncorrected **CM vs. Repos**)



24

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## Effect of Actual Z-Shifts on SIENA-Measures of Brain Atrophy

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#### • Before GD-Correction

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- AND, a maximum-absolute-error of 0.81% (which is greater than the median annual-PBVC-value in patients with MS!)

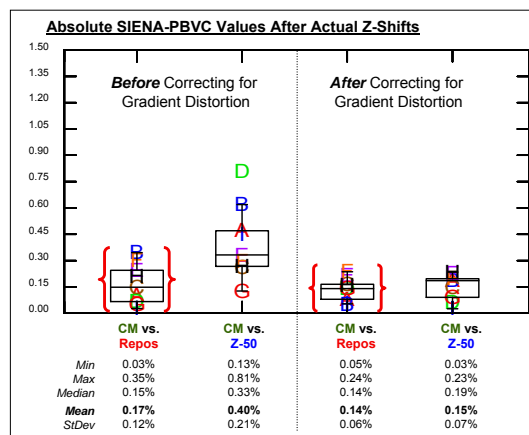
#### • After GD-Correction

the "apparent" brain volume changes associated with the Z-50 shifts were reduced:

- The mean absolute-error was reduced from 0.40% to 0.15% ( $p = 0.001$ ) and was no longer significantly different from that found after "best-possible" repositioning (i.e. uncorrected CM vs. Repos)

#### • GD-correction also decreased the absolute-errors associated with our "best-possible" repositioning

- But this was not statistically-significant ( $p = 0.969$ )
- perhaps due to our small sample size



25

Effect\_of\_Z-Shifts\_on\_SIENA\_-\_MIAMS-2008\_Presentation\_-\_2008-09-06.2008-09-04.v2-001.aki.ppt

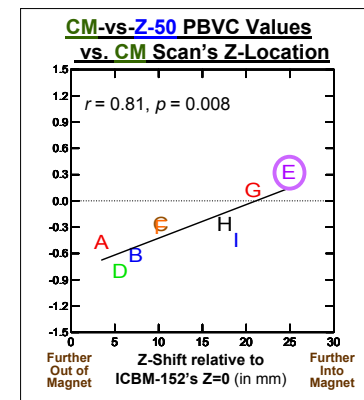
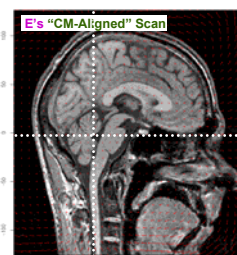
## Effect of Actual Z-Shifts on SIENA-Measures of Brain Atrophy

### - Relationship between PBVC values and Z-Location in the Magnet

- As expected, a positive relationship was found between
  - (i) the degree of brain volume "change" induced by an actual Z-shift of 50-mm out of the magnet, and
  - (ii) the Z-location of the subject's **CM Scan**

#### • For example:

- Subject **E's CM Scan** was acquired with much of the brain farther away from isocenter (where it would appear as "atrophied" as a result of the GD it experienced there)
- BUT, Subject **E's Z-50 Scan** was acquired with the brain 5-cm closer to isocenter (where it would experience less of this GD-related "atrophy")
- As a result, there is an "apparent" increase in brain volume for this individual following a Z-shift of 50-mm out of the magnet



- This finding emphasizes the point that it is not simply a question of how much Z-shift occurs across two scans, **but also where this Z-shift is centered**

26

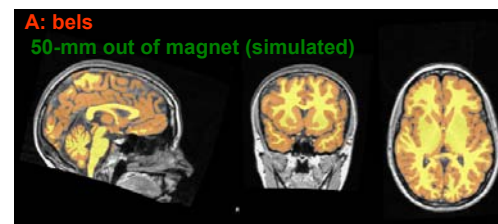
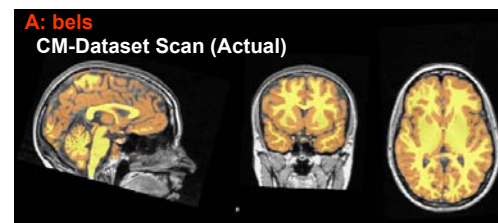
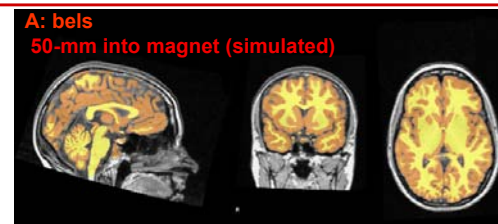
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## Part IV: Effects of Simulated Z-Shifts on SIENA-Measured Brain Atrophy

## Effects of Simulated Z-Shifts on SIENA-Measures of Brain Atrophy

### - Method

- For each subject, the effect of Z-shift was simulated in 5-mm steps from -50-mm to +50-mm:
  - (i) The GD-correction field was applied to each subject's **CM Scan**
  - (ii) This GD-corrected data was Z-shifted by the desired amount
  - (iii) The GD-field was then applied to this Z-shifted data
- This procedure resulted in 21 sets of simulated data for each subject (as illustrated to right)
  - This allowed us to generate a series of SIENA comparisons examining the effect of a range of between-scan Z-shifts similar to that seen in the multicenter clinical-trial data (both in terms of their magnitude and the location around which they were centered)



27

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28

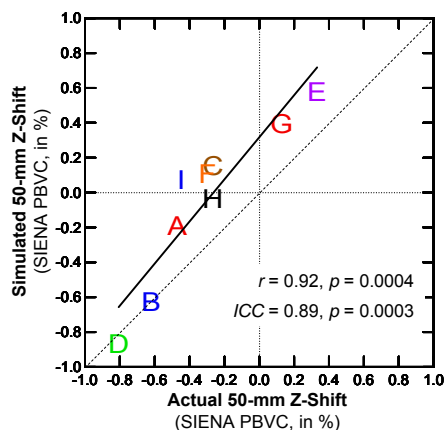
aki.ppt

## Effects of Simulated Z-Shifts on SIENA-Measures of Brain Atrophy

### - Validation

- **Evidence for the validity of this approach** is provided by the strong correspondence between SIENA values that resulted from an **actual Z-shift of 50-mm out of the magnet** and a **simulated Z-shift of 50-mm out of the magnet**

- These two sets of SIENA values were highly correlated ( $r = 0.92, p = 0.0004$ )
- And, they showed a high degree of absolute-agreement [ICC = 0.89,  $p = 0.0003$ ]



29

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## Effects of Simulated Z-Shifts on SIENA-Measures of Brain Atrophy

### - Results: Depend on the Magnitude and the Center of the Z-Shift

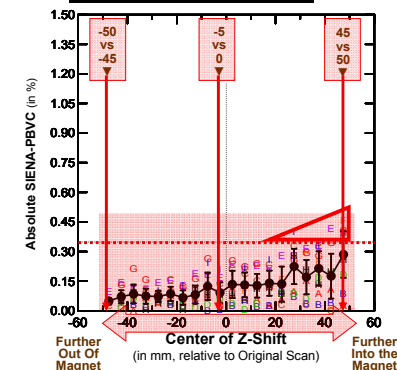
- **Differences of 5-mm** (e.g., -50-mm vs. -45-mm)

- Resulted in only very-small absolute-errors throughout the range of simulations

- **How the Data is Plotted**

- Examples of the pair of simulated Z-shifts being compared are shown at the top
- The points around which the pair of simulated Z-shifts are centered are plotted along the x-axis
- A horizontal line signifies the maximum SIENA value of 0.35% that was seen in these 9 NC subjects following “best-possible” repositioning
- For each center point, the absolute value for each individual is shown, as is the overall mean ( $\pm$  95% confidence interval)
- A red polygon outlines those simulations that resulted in absolute values greater than 0.35%

### A. 5-mm Z-Shift Differences



30

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## Effects of Simulated Z-Shifts on SIENA-Measures of Brain Atrophy

### - Results: Depend on the Magnitude and the Center of the Z-Shift

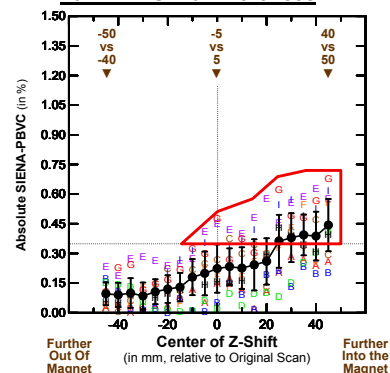
- **Differences of 5-mm** (e.g., -50-mm vs. -45-mm)

- Resulted in only very-small absolute-errors throughout the range of simulations

- **Differences of 10-mm**

- Resulted in larger errors as the simulated Z-shifts were centered further into the magnet

### B. 10-mm Z-Shift Differences



31

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## Effects of Simulated Z-Shifts on SIENA-Measures of Brain Atrophy

### - Results: Depend on the Magnitude and the Center of the Z-Shift

- **Differences of 5-mm** (e.g., -50-mm vs. -45-mm)

- Resulted in only very-small absolute-errors throughout the range of simulations

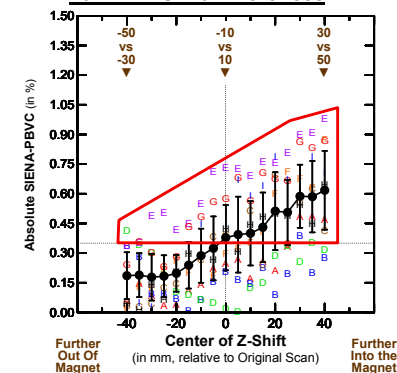
- **Differences of 10-mm**

- Resulted in larger errors as the simulated Z-shifts were centered further into the magnet

- **Differences of 20-mm to 40-mm**

- Also resulted in larger errors when the simulated Z-shifts were centered further into the magnet: BUT these errors become progressively greater in magnitude, and are seen with Z-shifts centered even less far into the magnet as the differences increase from 20-mm

### C. 20-mm Z-Shift Differences



32

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## Effects of Simulated Z-Shifts on SIENA-Measures of Brain Atrophy

### - Results: Depend on the Magnitude and the Center of the Z-Shift

- **Differences of 5-mm**

(e.g., -50-mm vs. -45-mm)

– Resulted in only very-small absolute-errors throughout the range of simulations

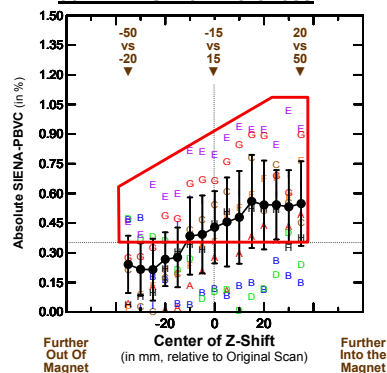
- **Differences of 10-mm**

– Resulted in larger errors as the simulated Z-shifts were centered further into the magnet

- **Differences of 20-mm to 40-mm**

– Also resulted in larger errors when the simulated Z-shifts were centered further into the magnet: BUT these errors become progressively greater in magnitude, and are seen with Z-shifts centered even less far into the magnet as the differences increase from 20-mm to 30-mm

#### D. 30-mm Z-Shift Differences



33

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## Effects of Simulated Z-Shifts on SIENA-Measures of Brain Atrophy

### - Results: Depend on the Magnitude and the Center of the Z-Shift

- **Differences of 5-mm**

(e.g., -50-mm vs. -45-mm)

– Resulted in only very-small absolute-errors throughout the range of simulations

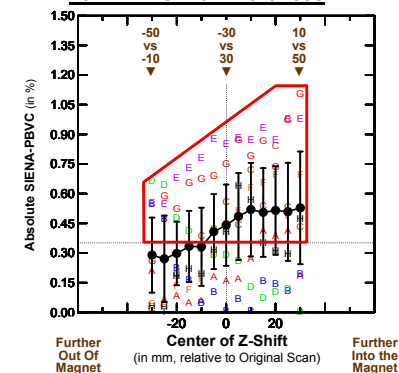
- **Differences of 10-mm**

– Resulted in larger errors as the simulated Z-shifts were centered further into the magnet

- **Differences of 20-mm to 40-mm**

– Also resulted in larger errors when the simulated Z-shifts were centered further into the magnet: BUT these errors become progressively greater in magnitude, and are seen with Z-shifts centered even less far into the magnet as the differences increase from 20-mm to 30-mm to 40-mm

#### E. 40-mm Z-Shift Differences



34

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## Effects of Simulated Z-Shifts on SIENA-Measures of Brain Atrophy

### - Results: Depend on the Magnitude and the Center of the Z-Shift

- **Differences of 5-mm**

(e.g., -50-mm vs. -45-mm)

– Resulted in only very-small absolute-errors throughout the range of simulations

- **Differences of 10-mm**

– Resulted in larger errors as the simulated Z-shifts were centered further into the magnet

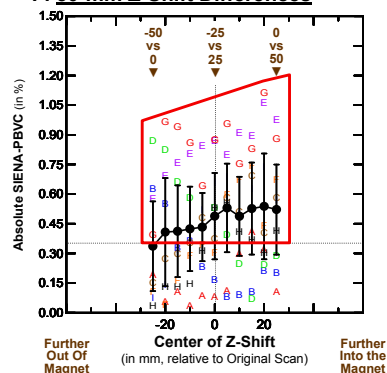
- **Differences of 20-mm to 40-mm**

– Also resulted in larger errors when the simulated Z-shifts were centered further into the magnet: BUT these errors become progressively greater in magnitude, and are seen with Z-shifts centered even less far into the magnet as the differences increase from 20-mm to 30-mm to 40-mm

- **Differences of 50-mm**

– Consistently resulted in substantial errors in most subjects throughout the entire range of simulations

#### F. 50-mm Z-Shift Differences



35

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## Effects of Simulated Z-Shifts on SIENA-Measures of Brain Atrophy

### - Results: Depend on the Magnitude and the Center of the Z-Shift

- **Differences of 5-mm**

(e.g., -50-mm vs. -45-mm)

– Resulted in only very-small absolute-errors throughout the range of simulations

- **Differences of 10-mm**

– Resulted in larger errors as the simulated Z-shifts were centered further into the magnet

- **Differences of 20-mm to 40-mm**

– Also resulted in larger errors when the simulated Z-shifts were centered further into the magnet: BUT these errors become progressively greater in magnitude, and are seen with Z-shifts centered even less far into the magnet as the differences increase from 20-mm to 30-mm to 40-mm

- **Differences of 50-mm**

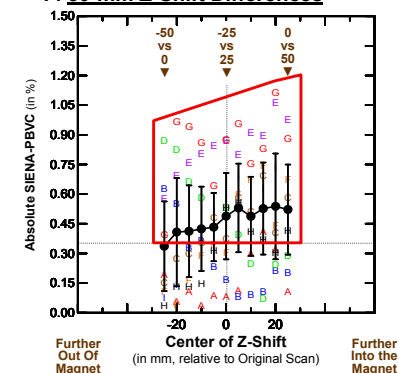
– Consistently resulted in substantial errors in most subjects throughout the entire range of simulations

- **Together, these findings are consistent with the notion of a “sweet spot” near magnet-isocenter:**

– Within this sweet spot, MRI measures of volume and volume-change can be generated quite reliably

– BUT, outside of this sweet spot, Z-shift-related GD can affect the accuracy of such measures

#### F. 50-mm Z-Shift Differences



36

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# Discussion

37

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## Effect of Z-Shifts on SIENA-Measures of Brain Atrophy - Summary of the Present Findings

- In summary, we have shown that:
  - If not specifically controlled for, inconsistent MRI positioning of subjects is actually quite common: particularly along the Z-axis
  - If not corrected for, the GD-effects associated with Z-shifts of even a few centimeters can significantly decrease the accuracy of SIENA-generated measures of brain atrophy
  - These negative effects seem to increase in magnitude as either:
    - The **distance from magnet-isocenter** of the brains increases
    - The **distance between the brains** increases
  - These confounding GD-effects can be reduced *post hoc* with the use of appropriately-generated correction fields
    - In our case, this was successfully created using a novel Phantom that is:
      - relatively-inexpensive to build,
      - easily-reproduced, and
      - highly-customizable

38

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## Effect of Z-Shifts on SIENA-Measures of Brain Atrophy - Implications of the Present Findings

- It is important to note that the exact pattern of our findings are specific to our scanner and acquisition sequence
- Nevertheless, the overall pattern of these findings, and their implications, can be generalized to all MRI-derived metrics of brain volume and atrophy:
  - In order to increase the potential validity and reliability of such metrics, the effect of Z-shift-associated GD should be avoided, or accounted for
    - *E.g.*, the accuracy and precision of brain-atrophy estimates can be increased by:
      - (i) Careful and consistent alignment to magnet-isocenter, and
      - (ii) Correcting for the observed effects of GD
  - Importantly, this should lead to increased statistical power in studies aimed at understanding the natural progression and the effective treatment of disorders such as MS

39

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## Finally - Many Thanks To the People Involved In This Project

- **MRS Lab**
  - \**Doug Arnold*
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  - Elinor Tobman
  - Jacqueline Chen
  - Mishkin Derakhshan
  - \**Simon Francis*
  - \**Sridar Narayanan*
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  - \**Louis Collins*
  - \**Vladimir Fonov*
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  - Ives Levesque
- **McConnell Brain Imaging Centre**
  - Andre Cormier
  - David Costa
  - Louis Marcotte
  - Ron Lopez
- **All Of My Test Subjects**

Thank you for your attention!

Any questions?

"Always the beautiful answer who asks a more beautiful question"  
e.e. cummings, Collected Poems (1963)

40

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